INJA INSTRUCTOR RETREAT 2021

THURSDAY MAY 27

WELCOME DINNER 6:30pm

FRIDAY MAY 28

7:30am BREAKFAST

8:00-8:30am Group Discussion

8:30-11:00am Instructor Development | Session 1

11:00-12:15pm Skills Development | Session 1 (choice)

12:15-1:00pm LUNCH

Instructor Development | Session 2 1:00-3:30pm

3:30-4:45pm Skills Development | Session 2 (choice)

5:00-6:30pm Kayak Race @ The River

DINNER 6:30-7:30pm

7:30-8:30pm Community Service Project

SATURDAY MAY 29

BREAKFAST

Group Discussion

Instructor Development | Session 3

Skills Development | Session 3 (choice)

LUNCH

Instructor Development | Session 4

Skills Development | Session 4 (choice)

Freeride Time
DINNER

DINNER

Live Music | Shenannigans

SUNDAY MAY 30

BREAKFAST

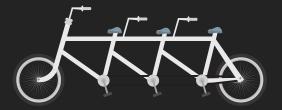
Group Discussion

Group Activity

Pack For Group Ride

LUNCH TO GO | Drive To Trails

GROUP RIDE



PIZZA PARTY @ NINJA HQ

MONDAY MAY 31

7:30am BREAKFAST



FRIDAY

INSTRUCTOR DEVELOPMENT SESSION 1

INSTRUCTOR DEVELOPMENT SESSION 2

Group 1 | Fundamentals

Group 1 | Intermediate / Advanced

Group 2 | Jumping

Group 2 | Fundamentals

Group 3 | High Speed Cornering

Group 3 | Jumping

Group 4 | Intermediate / Advanced

Group 4 | High Speed Cornering

SATURDAY

INSTRUCTOR DEVELOPMENT SESSION 3

INSTRUCTOR DEVELOPMENT SESSION 4

Group 1 | High Speed Cornering

Group 1 | Jumping

Group 2 | Intermediate / Advanced

Group 2 | High Speed Cornering

Group 3 | Fundamentals

Group 3 | Intermediate / Advanced

Group 4 | Jumping

Group 4 | Fundamentals

SKILLS DEVELOPMENT SESSION TOPICS [PICK 4]

DROPS W/KYLE & APRIL
MANUALS & BUNNY HOPS
JUMPING

CORNERING
ON-TRAIL FEATURING
ADVANCED SWITCHBACK